

# APPLICATION FOR BECOMING A SITE FOR GIRLS ON THE RUN®



## Basic Site Information (site must be located in Dallas, Tarrant, Denton, Collin or Rockwall Counties)

SITE: \_\_\_\_\_ (if school, affiliated with what school district? \_\_\_\_\_)

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

## Site Contact Information

The Site Contact's role includes assuring the smooth implementation of the program by securing appropriate training space and permission to use the identified space.

SITE CONTACT'S NAME: \_\_\_\_\_ TITLE/ROLE: \_\_\_\_\_

PHONE #: \_\_\_\_\_ EMAIL (REQUIRED): \_\_\_\_\_

Please have school principal or site contact sign below indicating his/her acknowledgement and awareness that GOTR will be delivered at your site: \_\_\_\_\_

## Readiness to Participate Criteria

While Girls on the Run® provides almost everything needed to run the program, the site is required to provide the following:

- Provide a Site Liaison (see attached role description)
- Provide a safe, dedicated space for running. **THIS IS ESSENTIAL.** This does not have to be a track. A field is fine. However, there is a need to measure off part of the area for occasions when lessons require running a certain distance, e.g. 1 mile, 5K, etc. Watch for other sports using the area or near the area - avoid flying balls, especially softballs or baseballs.

Briefly describe the available running area: \_\_\_\_\_

- Provide a rain site. Indoor, private, preferably a gym reserved for GOTR® and **NOT** in conflict with other programs.

Briefly describe the available indoor space: \_\_\_\_\_

- Determine plan for identifying participants.
- Identify participants. Distribute registration forms to 3<sup>rd</sup> through 5<sup>th</sup> grade girls.

Briefly describe your recruiting and selection criteria (1<sup>st</sup>-come/1<sup>st</sup>-served, lottery, etc.)

\_\_\_\_\_  
\_\_\_\_\_

- If multiple teams are formed, assign coaches and participants to teams. Teams should include blend of **ALL THREE** grades as much as possible.

## Readiness to Participate Criteria, continued

- Provide two coaching candidates per team for your site. Please list below two coaching candidates - list additional coaches on the back of this sheet, if applicable. Each coach will be required to attend Girls on the Run® training. First Aid and CPR certified. Coaches must be available two afternoons per week to conduct the class until all girls are picked up. Coaches will complete a coach application, non-compete form, as well as a background check.

COACH CANDIDATE NAME: \_\_\_\_\_  
CONTACT INFORMATION: Phone # \_\_\_\_\_ Email: \_\_\_\_\_

COACH CANDIDATE NAME: \_\_\_\_\_  
CONTACT INFORMATION: Phone # \_\_\_\_\_ Email: \_\_\_\_\_

## Team/Practice Information

Would your site like to be considered for more than one team (up to 15 girls)? \_\_\_\_\_

If yes, how many teams of 15 girls can your site accommodate (considering practice facilities)? \_\_\_\_\_

Please choose two days per week and the time the participants will meet for 1 ½ hours\* per day.

Team 1 - Days: \_\_\_\_\_ Time (i.e., 3-4:30 p.m.): \_\_\_\_\_

Team 2 - Days: \_\_\_\_\_ Time (i.e., 3-4:30 p.m.): \_\_\_\_\_

Team 3 - Days: \_\_\_\_\_ Time (i.e., 3-4:30 p.m.): \_\_\_\_\_

\*Although the class is only 1 hour, additional time is needed in the designated area for set up and pick up after class.

## Program Fees

The fee for the program is \$120. However, families with limited income can choose apply for a full or partial scholarship. Girls participate equally in the program regardless of the fee their family selects.

Included in the fee price are:

- ✓ 20 lessons conducted by two certified GOTR® Coaches
- ✓ specially designed curriculum
- ✓ supplies for each class
- ✓ participation in the end of season Celebration Event
- ✓ official GOTR T-shirt
- ✓ end of year race entry for the participant

**FAX or MAIL application to:  
Girls on the Run - DFW Metroplex  
Attn: Janette Steinheimer  
P.O. Box 472652  
Garland, TX 75041  
FAX: 214-343-1107**